

# GLENCORRIB & SHRULE PARISH NEWSLETTER – 22<sup>nd</sup> NOVEMBER 2020

**Fr. Vivian Loughrey PP,**

Parochial House, Ramolin, Shrule, Co. Mayo. H91, V2FK

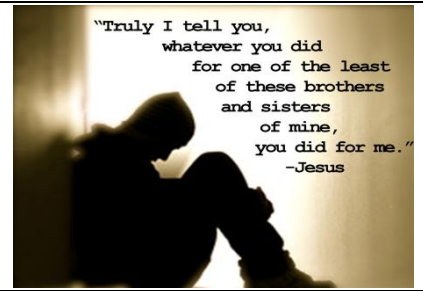
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Newsletter on Web: [www.shruleglencorribparish.ie](http://www.shruleglencorribparish.ie) & [www.mayo.ie](http://www.mayo.ie)

You can listen to all Masses on the parish radio 101.4 FM and weekend Masses will continue to be available on Radio & Facebook/Shrule Parish



## OUR LORD JESUS CHRIST, KING OF THE UNIVERSE – MASS DATES, TIMES & INTENTIONS

### ST. JOSEPH'S CHURCH, SHRULE - Dedicated 1832

|     |                      |          |  |   |
|-----|----------------------|----------|--|---|
| Sat | 21 <sup>st</sup> Nov | 8.00 pm  | <b>Jack &amp; Eileen Reilly</b> (Dalgan Park)<br><b>Michael &amp; Sheila Flaherty and their daughter Dell</b> (Brodella) | 22 <sup>nd</sup> & 12 <sup>th</sup> Anniv<br>37 <sup>th</sup> 25 <sup>th</sup> & 29 <sup>th</sup> Anniv |
| Sun | 22 <sup>nd</sup> Nov | 11.00 am | <b>Tom Davin</b> (St. Mary's Road)   | 1 <sup>st</sup> Anniv   |
| Sun | 22 <sup>nd</sup> Nov | 3.00 pm  | <b>Adoration of the Blessed Sacrament</b> in the church from 3pm- 4pm  |   |
| Mon | 23 <sup>rd</sup> Nov | 9.30 am  | <b>Margaret, Jim, Mary, Joe &amp; Bridie Murphy and Delia Jackson</b> (Shrule)<br><b>Ali Meruax</b>                      | Anniv & deceased<br>RIP   |
| Tue | 24 <sup>th</sup> Nov | 9.30 am  | <b>Dermot Flynn</b> (Ballynalty) and his uncle <b>Sean (John) Flynn</b> , (Mississauga, Toronto & Ballynalty)            | 29 <sup>th</sup> Anniv & RIP 25/09/2020   |
| Wed | 25 <sup>th</sup> Nov | 9.30 am  | <b>Mass</b>  |   |
| Thu | 26 <sup>th</sup> Nov | 9.30 am  | <b>Mass</b>  | Special Intention   |
| Fri | 27 <sup>th</sup> Nov | 8.00 pm  | <b>Nora &amp; Martin McTigue</b> (Kille)   | 14 <sup>th</sup> & 2 <sup>nd</sup> Anniv  |
| Sat | 28 <sup>th</sup> Nov | 8.00 pm  | <b>Fran (Frances) Minto</b> (Livingstone, Scotland)  | RIP 09/10/2020  |
| Sun | 29 <sup>th</sup> Nov | 11.00 am | <b>Peter Golden and the deceased members of the Golden family</b> (Kilmaine)   | Anniv & deceased  |
| Sun | 29 <sup>th</sup> Nov | 3.00 pm  | <b>Adoration of the Blessed Sacrament</b> in the church from 3pm- 4pm  |   |

### CHURCH OF THE IMMACULATE CONCEPTION, GLENCORRIB - Dedicated 1876

|     |                      |          |   |                       |
|-----|----------------------|----------|---|-----------------------|
| Sat | 21 <sup>st</sup> Nov | 6.30 pm  | <b>Fran (Frances) Minto</b> (Livingstone, Scotland)                   | RIP 09/10/2020        |
| Sun | 22 <sup>nd</sup> Nov | 9.30 am  | <b>Joe O'Sullivan</b> (Ballycurrin)                                   | 4 <sup>th</sup> Anniv |
| Sun | 22 <sup>nd</sup> Nov | 3.00 pm  | <b>Adoration of the Blessed Sacrament</b> in the church from 3pm- 4pm |                       |
| Wed | 25 <sup>th</sup> Nov | 10.00 am | <b>Patrick Henaghan</b> , Ballyconlought, Headford                    | RIP 24/07/2020        |
| Fri | 27 <sup>th</sup> Nov | 7.00 pm  | <b>John Moran</b> (Glencorrib)  | RIP 28/09/2020        |
| Sat | 28 <sup>th</sup> Nov | 6.30 pm  | <b>Deceased members of the Newell family</b> , (Kilroe)               | Anniv & deceased      |
| Sun | 29 <sup>th</sup> Nov | 9.30 am  | <b>John Moran</b> (Glencorrib)  | RIP 28/09/2020        |
| Sun | 29 <sup>th</sup> Nov | 3.00 pm  | <b>Adoration of the Blessed Sacrament</b> in the church from 3pm- 4pm |                       |

**WESTERN CARE ASSOCIATION'S CHRISTMAS CARDS 2020**, are now on sale in your local town and area. Pack includes 10 unique cards and envelopes for €6.00. Thank you for supporting Western Care... *Your Mayo Charity!* ☎ Teresa Ward on 087 246 7857 for further information.



**SHRULE PARISH** is committed to the protection of all children and young people in our Church. Please see our notice boards for contact details.

### "WHAT DOES RELIGION HAVE TO OFFER SOCIETY ANYWAY"?

I paraphrase a piece by, Jonathan Sachs, (recently deceased)

- In the face of a deeply individualistic culture we offer community.
- Against consumerism, we talk about things that have value but not a price.
- Against cynicism, we dare to admire and respect.
- In the face of fragmenting of families, we believe in consecrating relationships.

We believe in marriage as a commitment, parenthood as a responsibility, and the poetry of everyday life; when it is etched, in homes and schools with the charisma of holiness and grace". Add to that the premise that we believe in fairness, equality, dignity and justice. Our church we belong to continues to wave the flag. Long may it continue to do so. Have a good week and stay safe.

The risk you're afraid to take, could be the one that changes your entire life. Ask for God help, he's right there beside you.

Life is so ironic. It takes sadness to know happiness, noise to appreciate silence and absence to value presence...

Live for what tomorrow can bring, not for what yesterday has taken away.

## UPDATES ON CHURCH WORKS:

Along with the usual twists and turns of any project, Covid-19 added an extra layer to projects this year. The following is an update.

### Shrule Church Drainage

The works currently being undertaken are in regarding to the drainage around the church. As works began it became obvious that there was extensive dampness and urgent need for the foundation to be secured. In order to facilitate so as possible, the installing of the drainage system was delayed providing the maximum time for building to dry. While progress may have appeared slow, the foundation exposed provides the best way to give the building the opportunity to dry out. It is hoped to have the drainage completed before Christmas and in the New Year commence work on the disabled entrance.

### Glencorrib Church Car Park

Mayo County Council has completed the removal of the outer wall and it is now possible to use the actual planned entrance to the church car park. Any comments or feedback regarding the works carried out are to be directed to Mayo County Council as the parish or diocese does not have any responsibility regarding this matter. My understanding is that completion of the stone wall is to be carried out by the RSS shortly. The addition of the car park will not just enhance the safety of people using the church but also be a supporting addition to the development taking place on the community field grounds.

## MOYNE CEMETERY NEWS:

Due to the current Coronavirus level 5 restrictions, we have deferred our door to door collection until after the Level 5 lockdown. We are hoping we will be able to go ahead with the collection in early December. Thank you for your continued support.  
Moyne Cemetery Committee.

## JUST A THOUGHT - A STORY IS WORTH A THOUSAND WORDS.

Two stories are worth two thousand words. I'd like to share a woman's story and a man's story. Hopefully they will give you food for thought and help us to be more aware of how blessed we are.

**WOMAN'S STORY:** A woman was married to a man whom she could never please. If she gave him orange juice, he wanted apple juice. If she gave him tea, he wanted coffee. If she gave him a scrambled egg, he wanted a fried egg. One day, she decided it was time to teach him a lesson. So she cooked two eggs. She fried one and scrambled the other. She called him to the breakfast table and served the eggs. He looked at them and then at her and said, "You fried the wrong egg" Many a truth is said in jest.

There are some people and no matter how hard you try you're not going to please them. They have a one-track mind. It begins with them and ends with them. That is not how life is meant to be lived. We are all called to be life givers not life drainers.

**MAN'S STORY:** A depressed middle aged man visited his doctor. "Doctor", he said! I am suffering from a hopeless disease. I'm frightened to death. I think I'm going to die. Nothing gives me pleasure any more. Nothing amuses me. I don't know what is wrong. I have lost interest in life. My life is a mess. If you don't do something, I don't know what will happen to me."

The doctor tried to reassure him that he would be well. "You can be cured", he insisted, "your illness is not fatal. You need to get out of yourself, do something that you enjoy doing, something that will make you forget your troubles, put a smile on your face and make you laugh again."

"Doctor, tell me what I must do"

"The circus is coming to town. Go to the circus. The great Grimaldi, the clown is performing. He will get you out of yourself. He will make you laugh again. There was a slight hesitation and the sad-faced man and "Doctor, I am the great Grimaldi" Grimaldi made other people laugh but it never occurred to anyone that Grimaldi, the clown, the funny man, the miracle man of laughter had needs too. He needed someone to save him and he could find no one. What a difference it would have made if someone had been there for him in his pain.

**TRUE STORIES:** That second story is true of your life and mine. It could be that the miracle person in your life, the strong person, the one you depend on, the one you run to in crisis, the one who picks you up and dusts you down, so to speak, dries your tears, gives you a shoulder to lean on. It could be the one who gives you a reason for living and hoping has real needs too and we don't suspect it because they never run to us for help or cry on our shoulders. That person could be your wife, husband, your mom, your dad, your best friend, the significant person in your life. Maybe it's because we are so preoccupied with self, with me first, me always and no one else.

We never know how thin the ice is that our loved ones are walking on until the ice breaks. Sadly, by then it's too late. What matters is not what others can do for us but what we can do for them.



**PLEASE REMEMBER WITH A PRAYER THOSE FROM SHRULE AND  
GLENCORRIB PARISH WHO DIED ON THIS WEEK IN FORMER YEARS**



| <b>Surname</b>        | <b>Christian</b> | <b>Village</b>      | <b>Date Died</b> | <b>Age</b> | <b>Cemetery</b> |
|-----------------------|------------------|---------------------|------------------|------------|-----------------|
| <b>Meenaghan</b>      | Winifred         | Cahernabruck        | 21/11/1915       | 52         | Shrule          |
| <b>Walsh</b>          | William          | Ballycurrin         | 21/11/1942       | 71         | Killursa        |
| <b>Naughton</b>       | Thomas           | Rostaff             | 21/11/1977       | 75         | Moyne           |
| <b>Corbett</b>        | Michael          | Anlacca             | 21/11/1978       | 74         | Shrule          |
| <b>Reid</b>           | Eileen Canavan   | Gortbrack/London    | 21/11/2017       |            | London          |
| <b>Monaghan</b>       | Thomas           | Gortbrack           | 22/11/1924       | 55         | Killursa        |
| <b>Burke</b>          | Mary             | Cloonamealtogue     | 22/11/2014       | 85         | Shrule          |
| <b>Murphy</b>         | Patrick          | New Ballynalty      | 23/11/1925       | 26         | Killursa        |
| <b>Kyne</b>           | John             | Old Ballynalty      | 23/11/1929       | 63         | Moyne           |
| <b>Keane</b>          | Mary             | Gortbrack           | 23/11/1943       | 73         | Donaghpatrick   |
| <b>Murphy</b>         | Margaret         | St. Mary's Road     | 23/11/1981       | 83         | Shrule          |
| <b>Browne</b>         | Dr. Francis      | Shrule              | 23/11/1988       | 76         | Shrule          |
| <b>Sweeney</b>        | Thomas           | Ballycurrin         | 24/11/1915       | 88         | Killursa        |
| <b>Murphy</b>         | Kathleen         | St. Mary's Road     | 24/11/2016       | 92         | Shrule          |
| <b>Ruane</b>          | Bernard          | Gorthatubber        | 25/11/1916       | 69         | Killursa        |
| <b>Hyland</b>         | John             | Ballisnahina        | 25/11/1918       | 25         | Moyne           |
| <b>Craddock</b>       | John             | Shrule              | 25/11/1981       | 73         | Shrule          |
| <b>Derrig</b>         | Anthony(Sonny)   | St. Mary's Road     | 25/11/2000       | 78         | Shrule          |
| <b>Dooley</b>         | Malachy          | St. Mary's Road     | 25/11/2013       | 89         | Shrule          |
| <b>Garvey</b>         | Michael          | Gortbrack           | 26/11/1927       | 71         | Killursa        |
| <b>Geraghty</b>       | Martin           | Parks               | 26/11/1944       | 90         | Ross Abbey      |
| <b>Burke</b>          | Margaret         | Cloonbanane         | 26/11/1972       | 82         | Shrule          |
| <b>Pender-O'Brien</b> | Bunny            | Shrule              | 26/11/1974       | 44         | Los Angeles     |
| <b>Walsh</b>          | Edward           | Shrule              | 26/11/1983       | 72         | Shrule          |
| <b>Mc Donagh</b>      | Martin           | Scardane            | 27/11/1924       | 68         | Shrule          |
| <b>Meah</b>           | Patrick          | Tubbersharave       | 27/11/1944       | 75         | Shrule          |
| <b>Gallagher</b>      | Brigid           | Shrule              | 27/11/1947       | 74         | Shrule          |
| <b>Gavin</b>          | Ellen            | Cnocfada            | 27/11/1949       | 91         | Shrule          |
| <b>O'Sullivan</b>     | Agnes            | Parks               | 27/11/1952       | 68         | Killursa        |
| <b>Biggins</b>        | Mary             | Rostaff             | 27/11/1962       | 70         | Moyne           |
| <b>Biggins</b>        | Michael          | Glencorrib          | 27/11/1986       |            | Moyne           |
| <b>Geraghty</b>       | Thomas           | Corrinreedra        | 27/11/1995       | 58         | Moyne           |
| <b>Lane</b>           | Pat              | Cloonbanane         | 27/11/1996       | 68         | Cargin, Claran  |
| <b>Walsh</b>          | Michael J.       | Ballybockagh        | 27/11/1996       | 84         | Shrule          |
| <b>Walsh</b>          | Brigid           | Ramolín             | 28/11/1918       | 73         | Shrule          |
| <b>Cahill</b>         | Brigid           | Cloonbanane         | 28/11/1931       | 62         | Shrule          |
| <b>Higgins</b>        | Sara St. Leger   | Shrule              | 28/11/1953       | 86         | Shrule          |
| <b>Ryan</b>           | Martin           | Dalgan              | 28/11/1957       | 70         | Shrule          |
| <b>Greally</b>        | John             | Cloonbanane         | 28/11/1963       | 69         | Shrule          |
| <b>Mullen</b>         | Margaret         | Shrule              | 28/11/1979       | 88         | Shrule          |
| <b>Frehan</b>         | Delia            | Shrule              | 28/11/1982       | 84         | Shrule          |
| <b>Sullivan</b>       | John             | Glasbally           | 29/11/1920       | 71         | Killursa        |
| <b>Davin</b>          | Sara             | Brackloon           | 29/11/1921       | 59         | Shrule          |
| <b>Naughton</b>       | John             | Brodella            | 29/11/1963       | 85         | Shrule          |
| <b>Keleghan</b>       | James            | Dalgan              | 29/11/1987       | 34         | Shrule          |
| <b>Daly</b>           | Rena             | Ballisnahina        | 29/11/1991       | 48         | Moyne           |
| <b>Kelleghan</b>      | Bridie           | Shrule              | 29/11/1992       |            | Shrule          |
| <b>Nolan</b>          | Nora             | Rostaff             | 29/11/2001       | 90         | Shrule          |
| <b>Crampton</b>       | Terence          | Birmingham & Shrule | 29/11/2008       | 87         | Shrule          |
| <b>Tedders</b>        | Brigid           | Shrule              | 30/11/1923       | 70         | Shrule          |
| <b>Garvey</b>         | John             | Shrule              | 30/11/1953       | 81         | Shrule          |
| <b>Tully</b>          | Luke             | Dalgan (Kilmaine)   | 30/11/1953       | 88         | Kilmaine        |
| <b>Crampton</b>       | Patrick J.       | Shrule              | 30/11/1973       | 87         | Shrule          |
| <b>Flaherty</b>       | Michael          | Brodella            | 30/11/1983       | 65         | Shrule          |
| <b>O'Connor</b>       | Kathleen         | Boula               | 30/11/1993       | 56         | Killursa        |
| <b>Moughan</b>        | Paddy            | Cahernabruck        | 30/11/1995       | 76         | Shrule          |

As we remember all our deceased - The world is just an inn and death is the journey's end. Amen

**DURING COVID** we will continue to have Mass daily on the radio and both radio and facebook at the weekends. Please let me know your Anniversaries, Special Intentions and Occasions for our Masses and we can all pray for one another's intentions and requests.

**SPIRITUAL COMMUNION PRAYER:** My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

**A PRAYER OF REMEMBRANCE:**

God, thank you for the special people in our lives, whom we are remembering in a special way during the month of November. We thank you for being a compassionate God who walks with us in the dark moments of grief and loneliness. We are thankful for all who continue to love and support us through our grief. Lord, continue to be a light for us, giving us hope, direction and courage. May we now live our lives treasuring the memories of those special people we have known and loved and help us to bring light and hope to others. We make this prayer through Christ our Lord, Amen.

**KNOCK SHRINE REMEMBRANCE MASS**

Knock Shrine invites you to join us live online for a special Mass this **Sunday 22<sup>nd</sup> November at 12 Noon**, as we remember all who have died from COVID-19 on the island of Ireland. This Mass will be celebrated by Most. Rev. Michael Neary, Archbishop of Tuam and streamed live from Knock Basilica. As we come closer to the end of this difficult year, we come together as a community of faith to take time to pause and reflect in support of one another and to pray for strength and hope for each other and ourselves. Live stream on [www.knockshrine.ie](http://www.knockshrine.ie) and Facebook.

**A LITTLE BIT OF HUMOUR:**

British people applying for Irish passports will now face the following questions;

- Q 1: Please explain why the 6pm national news is broadcast at exactly one minute after 6pm?
- Q 2: Sean: "You wouldn't put the kettle on would you?" Mary: "I will yeah" Is Mary going to put the kettle on for Sean?
- Q 3: "Mammy is after going to get the messages." Explain.
- Q 4: In the event that you lose your passport, should you (a) report it lost and apply for a new one (b) apply for a temporary passport or (c) pray to St Anthony?
- Q 5: A local man becomes successful. Discuss the reactions that this may illicit among his neighbours (300 pages or less)
- Q 6: Give 6 examples of how to use 'grand'
- Q 7: Bye bye bye bye bye bye bye' is an appropriate way to end a phone conversation, yes or no?
- Q 8: What does 'put the delph in the press' mean?
- Q 9: How well should you have known someone to attend their funeral?
- Q 10: Fill in the blank..."roll it there"
- Q 11: If you living in one part of the country, having grown up in another part of the country - which is 'home' and which is 'home, home'
- Supplementary question - What is the difference between going 'out' and going 'out, out'?
- Q 12: Aoife's leaving cert is next week. What concrete steps can Aoife's grandmother take to ensure her success?
- Q 13: Bridie: Are you going to take the dog for a walk at all? Dónal: I'll do that now in a minute. When will Dónal take the dog for a walk: - Now - In a minute - Other - please specify.

**PEACE PRAYER OF SAINT FRANCIS**

Lord, make me an instrument of your peace:  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

**When you work from home**



**And somebody wants to have a video call**

**Grief is like the ocean, it comes in waves ebbing and flowing. Sometimes the water is calm, and sometimes it is overwhelming All we can do is to learn to swim.**

## ARE YOU LIVING WITH A LONG-TERM HEALTH CONDITION?

Examples include (but are not limited to) COPD, asthma, diabetes, stroke, heart conditions, multiple sclerosis (MS), arthritis, cancer, Crohn's disease, chronic pain, and depression.

### What is the Living Well programme?

Living Well is a free group programme, delivered over six workshops (2.5 hrs x 6). It is delivered by trained leaders, most of whom are also living with long-term health conditions. Living Well can help you to develop the skills and confidence to manage your health condition(s).

Online Programmes available: 2021 programmes

**Thursdays** 10.30am-1pm on 7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> & 28<sup>th</sup> January 7<sup>th</sup>, 14<sup>th</sup> 21<sup>st</sup> & 28 and 4<sup>th</sup> & 11<sup>th</sup> February

**Tuesdays** 10.30am to 1pm: 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup> January & 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> February

**Mondays** 10.30am to 1pm: 18<sup>th</sup> & 25<sup>th</sup> and 1<sup>st</sup>, 8<sup>th</sup> 15<sup>th</sup> & 22<sup>nd</sup> February

**Wednesdays**: 7.00pm to 9.30pm: 20<sup>th</sup> & 27<sup>th</sup> January 3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup> & 24 February

Administrator: Liam Gildea Mobile: ☎ 87-3490393

Email: [liam.gildea@mayocil.ie](mailto:liam.gildea@mayocil.ie) [www.hse.ie/LivingWell](http://www.hse.ie/LivingWell)

## PRIMARY SCHOOL MATHS QUESTION

There are 26 kids at the beach.  
Then, 37 more kids come. How many kids are at the beach now?

To many  
for Covid  
19

## CHRIST THE KING SUNDAY:

On this, the last Sunday of the liturgical year, we celebrate the solemnity of Christ the King. We live in an age of democracy where kings have no place. But the Feast of Christ the King is very relevant for our times, for his Kingship and His Kingdom are totally different from the kingships and kingdoms of the world. The readings of this Sunday portray before us three distinct, but related aspects of Christ's Kingship.

1. Our King is a King who cares: Prophet Ezekiel in the first reading presents our Lord, as a shepherd, who cares for his flock. He himself will search for us and finds us. He will rescue us from all dangers. He will come after us when we stray. He will be there to heal us and strengthen us. Yes, Christ our king has been immensely good to us, although we have failed him many times. He leads us on the right path and purifies our gifts and iniquities. He died on the cross for you and me. And He continues to bless us what we are. He is a king so different from the kings and leaders of our times. He is a king who knows our needs and listens to our grievances

2. Our King is a King who conquers: He is not a king who conquers in the understanding of the world. But as Paul describes in the second reading is the one, who conquers sin and death. He regained what we lost, to the disobedience of our First parents. Our King conquers not by cruelty and brutality, but by his love, forgiveness and mercy, personally for each one of us. He has been conquering our sins of pride, lust, greed, anger, sloth, envy and fear. And replaced them with the greater love, compassion, kindness, purity, piety, courage etc. While accomplishing all these, unlike the worldly kings He doesn't force us to do anything. He respects our freedom and leaves us to make our daily choices for or against Him.

3. Our King is a King with the power to judge: He describes the standards of his judgement. In the gospel of today He judges on the basis of what we do and what we failed to do. His judgement depends on how we treat Him in our brothers and sisters. He lives in the hungry and thirsty, sick and the lonely, stranger, imprisoned, discouraged and dejected. He is a King who needs our love and care through our brothers and sisters in need. He is a king, who comes to serve rather than to be served; He is a strongest king you have ever met.

To meet this King does not require any special skill. It does not demand any training, or academic degrees, it demands a simple everyday response to the situation of life. It is our response in everyday life that brings us to everlasting life. Jesus is to be found everywhere, if I take the time and trouble to be with him, and to give him time and interest. Let us Pray with St. Jerome: "Holy Spirit, be my teacher and guide, open my ears to hear God's Word and open my eyes to understand God's Word and open my mind to understand God's action in my life. May my heart never grow dull, and may my ears always be listening to the voice of Christ."



## WHAT A WONDERFUL WEEK FOR HUMANITY!

Since March last, many of us have lived in fear, locked up in our own homes, beset by an unseen enemy who could sweep us away at any time. We longed for the day when a clever scientist would emerge from a laboratory, screaming, 'Eureka!' Brilliant! How often did we say to one another during the course of the last 9 months: 'How long will it take them to find the vaccine?'

Two of the vaccines, with over a 90% efficacy in protecting people from illness, reflects the extraordinary efforts of scientists this year. The speed with which these were developed - with others close behind - is remarkable. Detailed data has yet to be published, and much remains unknown. For example, how long will individuals remain protected, how effective it will be for older people, who are most vulnerable to Covid-19. Nonetheless, this is a transformative moment.

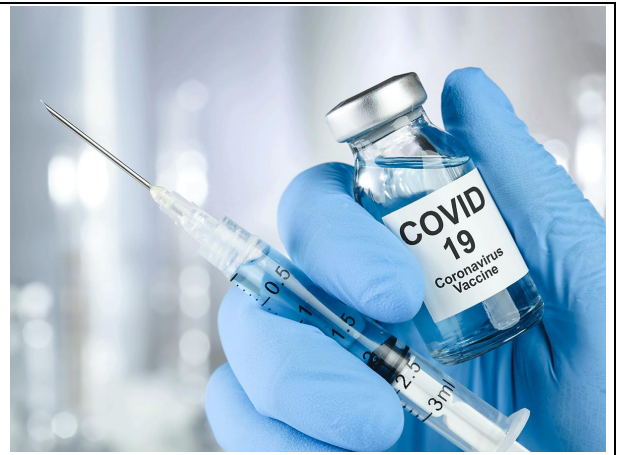
Now it is up to the rest of us to do our part. If this vaccine becomes available from the end of the year, as now looks likely, the deployment will matter as much as its discovery. As one scientist has noted: "Vaccines don't save lives. Vaccinations save lives." The pharmaceutical companies concerned hope to make 50 million doses available this year. But with the US, EU, UK and others all having placed advance orders, each country will get just a tiny fraction of those it ultimately needs. The UK plans to begin with the oldest in society and those who care for them and thus might transmit the virus to them. An NHS spokesperson told MPs that there is a 70%-80% chance of having the most vulnerable covered by Easter.

The most serious danger is the immediate one: the risk that people may conclude that a magical solution is at hand and they no longer need to put up with stringent Coronavirus measures that are costing them economically and personally. They might be tempted to feel that older people will soon be protected, and in the meantime can stay out of the way.

This would be a deadly error, leading to many unnecessary deaths and potentially causing serious damage to younger people's health too. News of the vaccine should instead be the spur to redouble efforts. For the government, that means salvaging test and trace; for the rest of us, it means abiding by the imposed restrictions, wearing masks, washing hands, and keeping a distance from others. But vigilance now will protect others and ourselves. We have all the more reason to buy time when we know where we are going, and why we are doing so, and that there will be an end to this soon.

Few of us are gifted with the brilliance required for a scientific breakthrough, or the medical skills to deploy it. But we are all equipped to play our part, heartened by the knowledge that there is a way out. On one level, this has been a sad week, but on another, it was a great week that will change our lives.

*Fr. Dick Lyng OSA*

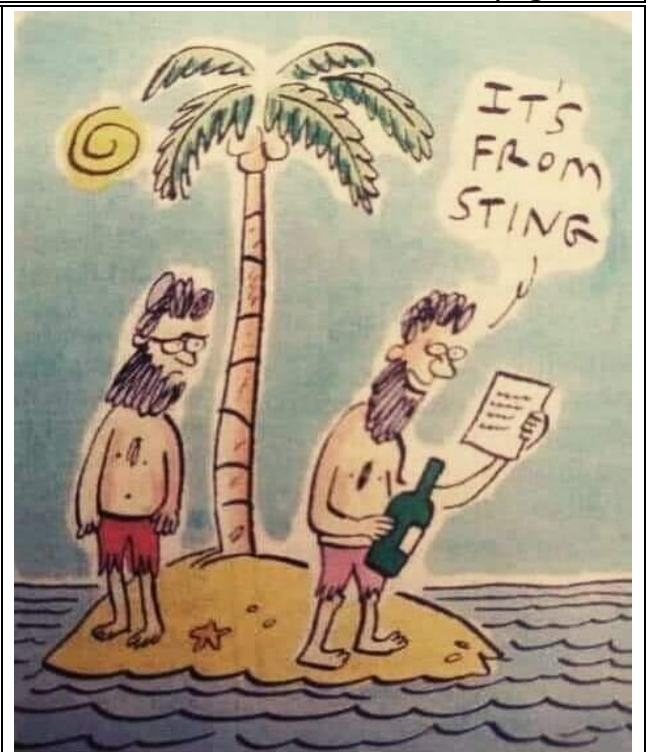


## FREE ONLINE LIVING WELL PROGRAMME!

If you or someone you know is living with any long-term health condition (mental or physical) then this Programme could be of great benefit. It is a six-week programme delivered in 2.5 hour weekly sessions where you will learn new tools & skills to manage your wellbeing, on a day to day basis, while living with the condition. You must register in advance as places are limited to 10/12 participants. Please note you do *not* have to disclose your health condition on the programme and plenty of support is available for navigating the online aspect of the course. Please contact Bonnie King, on 0879176354 or email [bonnie.king@mayocil.ie](mailto:bonnie.king@mayocil.ie). You can also find out more information on the programme on our website: [www.hse.ie/LivingWell](http://www.hse.ie/LivingWell) Please note there is now the addition of an evening programme (on Wed. 20<sup>th</sup> Jan.)

**Dates:** The next 4 programmes are due to commence on

1. Thursday 7<sup>th</sup> Jan.
2. Tuesday 12<sup>th</sup> Jan.
3. Monday 18<sup>th</sup> Jan.
4. Wednesday 20<sup>th</sup> Jan.



## HELP LINES TO HELP YOU THIS CHRISTMAS

It's been a difficult year for many, with a global pandemic shaking the world and changing everyday life for all of us. Some people are now looking forward to Christmas, but for others this too can be a tough time of year. Always remember though, there is support out there if you need it.

### **Samaritans**

Whatever you are going through, Samaritans can help

Free phone: 116 123

24 hours a day, 365 days a year

[www.samaritans.org](http://www.samaritans.org)

### **ALONE**

If you or an older person you know needs support  
0818 222 024

8am-8pm

[www.alone.ie](http://www.alone.ie)

### **Childline**

Talking makes us stronger

Free phone: 1800 66 66 66

Free text: 50101

[www.childline.ie/](http://www.childline.ie/)

### **Jigsaw**

Mental health support and advice for young people aged 12 to 25

Free phone: 1800 544729

1pm to 5pm Monday to Friday

Text CALL ME to 086 180 3880

with your preferred day and time for a call

[www.jigsaw.ie](http://www.jigsaw.ie)

### **Irish Hospice Foundation**

Bereavement support line

1800 807 077

Monday to Friday from 10am to 1pm

[www.hospicefoundation.ie](http://www.hospicefoundation.ie)

### **Aware**

Support for people affected by depression

Free phone: 1800 80 48 48

Monday to Sunday 10am-10pm

[www.aware.ie](http://www.aware.ie)

### **Pieta House**

For people at risk of suicide and self-harm

Free phone: 1800 247 247

Text HELP to 51444

[www.pieta.ie](http://www.pieta.ie)

### **Dublin Rape Crisis Centre**

Support for anyone affected by sexual violence, at any time

Free phone: 1800 77 88 88

24 hours a day, 7 days a week

[www.drcc.ie](http://www.drcc.ie)

### **Women's Aid**

Listening. Believing. Supporting

Free phone: 1800 341 900

24 hours a day, 7 days a week

[www.womensaid.ie](http://www.womensaid.ie)

### **Men's Aid Ireland**

Supporting men experiencing domestic violence

01 554 3811

[www.mensaid.ie](http://www.mensaid.ie)

### **Mental health support services**

The HSE's full [list of support services](#)

## PLEASE REMEMBER WITH A PRAYER THE RECENTLY DECEASED

### **Jerry Crowley,**

London, England and formerly of

Knockmanagh, Co. Kerry,

17<sup>th</sup> November 2020,

peacefully at Derriford Hospital,

Plymouth, Devon.

Predeceased by his wife

Tessie Hughes

(Houndswood, Cross).

Brother in law of the late

Bridie Flynn,

Glassvalley. Deeply

regretted by his loving family,

his sons Jerry and

Stephen, daughters-in-law

Miranda and Tracey,

grandchildren Patrick and

Robert, brother Denis,

cousins, nieces, nephews,

relatives, neighbours

and friends. Jerry's funeral

Mass will take place in

the Spring of 2021, at

Church of the Sacred Heart,

Cross. He will be laid to

rest beside his beloved

wife Tessie, in Cross East

Cemetery. A further RIP

and Radio notice will be

published at this time.

**May his gentle soul rest in peace**



### **Teresa Cody (nee**

**Glynn) Caltra,**

Headford, Co. Galway.

Sadly missed by her

loving husband

Denis, daughter

Jacqueline, sons

David, Andrew and

Brian, son-in-law,

daughters-in-law,

her much loved

grandchildren,

especially baby

Shane, sisters

Bridie, Ena and Patsy

and her many relatives,

friends and neighbours.

Teresa is predeceased

by her sisters Mary

St John and Rita

Cunningham. Removal

will take place from

her residence on

Monday morning

23<sup>rd</sup> November for

requiem Mass at

12 noon in St

Patrick and Cuana's

Church, Corner

Chapel, followed

by burial in

Kilcoona Cemetery.

**May her gentle soul rest in peace**

